

relax, renew, revitalize.

# SIGNATURE EXPERIENCES



#### Navi Anti-Jet Lag Experience

Enjoy a complete relaxing body massage as individual muscles are manipulated using percussive and tapping movements designed to stimulate the nervous system. Also receive a Lamina Lift Mask facial treatment using traditional healing elements from the sea to restore a fresh and healthy look and feel to your skin.

55 min

# The Spa Family Fusion

Experience Fusion Spa Masks formulated with nutraceutical organic ingredients of the highest quality, such as chocolate, vanilla pumpkin, mixed berry and matcha, specially designed to enhance and stimulate the senses while providing effective, calming and balancing results. To help you achieve a total state of relaxation, your treatment will also include a calming back, neck and shoulder massage.

55 min

# Eye Believe in Miracles Fabulous Arrival

For a wonderful recovery after air travel, this Opti-Firm® Eye Contour Treatment is based on the latest advances in the beauty industry, with clinically-proven ingredients that work to combat the signs of sleep deprivation, aging, and environmental damage for well-rested, luminous eyes. Your treatment is complete with a relaxing Aromatherapy Full Body Swedish Massage to relax stiff muscles and release stress.

85 min

# Sea Escape Facial & Body Therapy

The magnificent healing power of stone therapy on your hands, arms and feet will help to alleviate tension and stress, to improve your overall well-being. This luxurious treatment is combined with a Repêchage Four Layer Facial, which has been called the "Best Facial of the Century". European seaweed and minerals will rejuvenate, renew, tone and firm your skin for an entirely unique spa experience.

85 min

# Aqua Mare Pure Body & Face Revival

The ultimate face and body anti-stress therapy, combining ancient Ayurveda Hot Oil Therapy with a Hot Stone Relaxing Massage, followed by cooling Hydra Dew Facial which will provide immediate deep moisture and protection for our skin. Enjoy truly maximum results in a minimum amount of time.

85 min

# Amazing Couples Experience

Enjoy a magnificent honeymooner's experience. Enjoy side-by-side pampering in the privacy of the luxurious Couple's Spa Suite with Repêchage European Seaweed Facials, followed by a relaxing Aromatherapy Massage, for a serene, bonding experience with the one you love.

**110** min

# A la Carté Body Exfoliation & Wrap

Enjoy an a la carte choice of a Pomegranate Cranberry Apple, Sea Salt or Honey & Almond scrub which pays special attention to elbows, knees and feet to eliminate rough and dehydrated skin, leaving your body smooth, refreshed and ready to meet the beach. After the exfoliation, you will luxuriate in a body mask of your favorite flavor to detoxify and nourish your skin, followed by a rich body cream to leave your skin looking healthy and radiant.





# SPAFACIAL EXPERIENCE

# Repêchage Vita Cura 5 Phase Firming Facial

An instant jump-start to younger looking skin, designed to invigorate, lift and firm mature skin. An Enzymatic Micro-peel helps uncover a vibrant complexion, followed by two facial massages and a cool Spirulina Seaweed Mask with clinically proven bio-mimetic Penta-peptide to firm and smooth the skin. Enjoy the long term benefits which will help to preserve elasticity, improve oxygenation and generate cell renewal for advanced skin repair.

85 min

# Repêchage Four Layer Facial

The Repêchage Premier anti-aging facial treatment, named the "Best Facial of the Century", is layer upon layer of pure, fresh European seaweed that rejuvenates, tones, and firms the skin, resulting in renewed moisture and the visible glow of younger looking skin. This treatment includes a Hand & Foot Massage with Antioxidant Repêchage Seaweed Sea Spa Hand & Foot Cream.

85 min

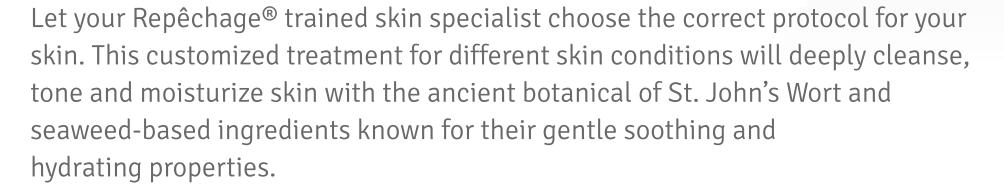
#### Repêchage Après Soleil Facial

Too much fun in the sun? This facial is specially designed to balance, soothe, protect and help decrease skin sensitivity. This skin repair treatment includes a soothing massage with seaweed serum, rich in Vitamin C and minerals in combination with a deep relief tea blend gel which will cool and reduce redness and irritation. This treatment also provides superior antioxidant protection, while nourishing the skin and helping to build resistance against external factors.

55 min



# Classic European Facial



55 min

#### Opti Firm Eye Contour Facial

Specifically designed to reduce the appearance of under-eye puffiness, dark circles, and fine lines... you won't believe your eyes! Based on the latest advances in skincare, featuring clinically proven ingredients that work to combat the signs of sleep deprivation, aging, and environmental damage for well-rested, luminous eyes.



# SPA HAND & FOOT EXPERIENCE

# Deluxe Spa Manicure or Pedicure

Upgrade your traditional service to a truly pampering manicure or pedicure which includes your choice of any a la carte scrub to leave your skin baby soft and glowing.

40 min manicure \$35 usd 50 min pedicure \$45 usd

# Polish Change

Change your nail color or refresh your manicure.

**15** min

#### Girls Manicure or Pedicure

A nice treat for little ones! A light scrub and hand massage, with a selection of fun colors from which to choose, for a perfect princess look.

25 min

# Peppermint Foot Treatment

Invigorate and reenergize your tired, aching or swollen feet and legs. Enjoy this therapeutic treatment created with a special blend of seaweed and peppermint essential oils, followed by a Reflexology Foot Massage for a sense of total body wellness.



# SPA MASSAGE EXPERIENCES



# Aromatherapy Swedish Massage

This gentle full body massage improves circulation, concentrating on the muscles to relive discomfort and tension caused by everyday stress and activities. This massage engages the sense of smell utilizing pure essential oil extracts to sooth the senses and enhance relaxation of the nervous system.

55 min 85 min

# Deep Tissue Massage

This is firmer and deeper type of body massage helps to release chronic muscle tension derived from exercise or for guests that enjoy a firmer pressure massage technique. Ideal for anyone that has an athletic and active lifestyle.

55 min 85 min

#### Therapeutic Massage

Enjoy a full body massage with a combination of acupressure, reflexology, deep tissue and stretching techniques to release physical and mental stress. Improves blood circulation, eliminates toxins and helps to diminish muscular aches.

85 min

# Mother To-Be Massage

A therapeutic and deeply relaxing massage targeting the legs and feet, lower back, neck and shoulders to help relax your body during pregnancy. Please note that massages during the first trimester are not recommended.





# The Hot Stone Massage

The original Hot Stone Therapy provides a deep, warm and nourishing massage that is applied with smooth volcanic stones. The warm stones will be placed between your toes, along your spine and on the chakra center points of your body. Aromatic oils will prepare your body to receive the warmth of the stones in combination with long, soothing massage strokes, reflexology, deep-cross fiber techniques and acupressure. Hot therapy aids in rapid healing and tissue repair, releases deep tension and brings relief to chronic deep pain.

85 min

# Back, Neck & Shoulder Massage

This massage focuses on the neck, shoulders, upper and lower back where most people carry stress and tension. Combining deep and relaxing massage techniques, you will achieve maximum benefits in a minimum amount of time.

30 min

# Tired Legs Massage

All too often we take our bodies for granted and our legs and feet frequently get ignored with small twinges and discomforts often going unheeded. Massage provides the means to ease these tensions and revitalize this weight-bearing part of the body. Enjoy a body lifting experience with this wonderful massage.

35 min

#### Reflexology Foot Massage

Reflexology uses pressure points of the feet which correspond to specific organs of the body to relieve stress and release blocked energy. Proper stimulation of these reflexes can aid many health problems in a natural way and create full body well-being.

30 min 50 min



RESERVACIONES: Concierge Punta Mita

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concierge@puntamita.com

Please Take a Moment to Read this Important Information

Please advise your therapist of any medical condition such as high blood pressure, heart arrhythmia, pregnancy or any other health concerns. Navi Spa Services is not responsible for personal health-related incidents. Please be aware that muscle tension or stress may require more than one massage session for recovery. Plan to arrive at least 10 minutes prior to your appointment, to allow for plenty of time to check in, change your clothes, make use of the showers and begin the relaxation process. Late arrivals will result in decreased treatment time. As a courtesy to the next guest, your treatment will end at the time originally scheduled. Additional gratuities for your service provider are appreciated, but not mandatory. To cancel or reschedule an appointment, notice is required a minimum of 8 hours in advance. All prices are subject to change without advance notice. Navi Spa Services is designed for the enjoyment of our adult guests. For guests under 18 years old, an adult must book the service and sign the registration form. We recommend that you do not wear jewelry. Navi Spa Services is not responsible for lost, stolen or damaged personal possessions.